**Smoking, Tobacco, and Vape Use Policy**

**Policy:**

Texas Lutheran University recognizes its social responsibility to promote the health, well-being, and safety of TLU students, faculty, staff, and visitors. For this reason, TLU has adopted a tobacco and vape use policy. Smoking and the use of tobacco or tobacco products is prohibited in and on all University-Owned and leased property, including but not limited to buildings, grounds, athletic fields and facilities, resident and housing areas, green space, sidewalks and walkways, non-student rental housing, and parking lots.

TLU also supports the NCAA tobacco rules prohibiting the use of tobacco products by all game personnel\* and all student-athletes\*\* during any off-campus practice and competition.

Sale, distribution, marketing, promotion and/or advertisement of smoking, tobacco, and vape products are prohibited on campus.

**Definitions:**

Tobacco: Any lighted or unlighted cigarette (clove, bidis, kreteks), e-cigarettes (electronic nicotine delivery systems), cigars, cigarillos, pipes, hookah; and any smokeless, spit or spitless, dissolvable, or inhaled tobacco products, including but not limited to dip, chew, snuff or snus, as well as all products containing/derived from nicotine.

Smoking: Inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, hookah, or any other lighted or heated tobacco or plant product intended for inhalation, whether natural or synthetic, including marijuana/cannabis, in any manner or in any form. “Smoking” also includes the use of an electronic smoking device (“vape”) which creates an aerosol or vapor, in any manner or in any form, or the use of any oral smoking device for the purpose of circumventing the prohibition of smoking in this policy.

E-cigarette/Vape: Are known by many different names (e-cigs, e-hook as, mods, vape pens, vapes, tank systems, and electronic nicotine delivery systems). E-cigarettes and vapors produce an aerosol by heating a liquid that usually contains nicotine, flavorings, and other chemicals that help to make the aerosol. Users inhale this aerosol into their lungs (CDC). Vapes include such products regardless of substance being vaped.

University Owned and Leased Property: Real estate, land, buildings, facilities, and green space that the University has a legal title of ownership, a contract to use, a lease to occupy, or a right to exercise control over in order to conduct University business, including all University owned vehicles.

**Exceptions:**

There are no exceptions to this policy.

**Enforcement:**

It is the shared responsibility of all members of the campus community to respect and abide by this University policy.

**Signage:**

No Smoking/No Tobacco/No Vaping Use signs will be posted throughout buildings and at entrances to all University owned and leased properties, both indoor and outdoor.

**Cessation Support:**

Quitline #1-800-QUIT-NOW for free session resources and counseling.

truth This is Quitting text DITCHVAPE to 88709 to receive free of charge confidential help, advice from real people, 24/7 support.

Expert advice and a supportive community from BecomeAnEx.org.

For more information, contact Student Health and Wellness at healthservices@tlu.edu

\*NCAA Bylaw 11.1.5 Use of Tobacco Products

The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition.

\*\* NCAA Bylaw 17.1.8 Use of Tobacco Products

The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco during a practice or competition shall be disqualified for the remainder of that practice or competition.

<https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/Electronic-Cigarettes-Infographic-p.pdf>

**Effective Date: April 23, 2024**